

ABSTRAK

Nugrahani Setia Hayu Pamungkas. 2026. *Pengaruh Self-Awareness dan Intensitas Mengikuti Budaya Religius terhadap Kepatuhan Tata Tertib Sekolah pada Siswa Kelas X di SMK Darul Fikri*. Skripsi. Program Studi Bimbingan dan Konseling, FKIP, Universitas PGRI Madiun. Pembimbing (I) Beny Dwi Pratama, M.Psi., Pembimbing (II) Dr. Asroful Kadafi, M.Pd.

Penelitian ini bertujuan untuk mengetahui: (1) pengaruh *self awareness* terhadap kepatuhan tata tertib sekolah, (2) pengaruh intensitas mengikuti budaya religius terhadap kepatuhan tata tertib sekolah, dan (3) pengaruh *self awareness* dan intensitas mengikuti budaya religius secara simultan terhadap kepatuhan tata tertib sekolah pada siswa kelas X di SMK Darul Fikri. Penelitian ini menggunakan pendekatan kuantitatif dengan desain *ex post facto*. Populasi penelitian adalah seluruh siswa kelas X SMK Darul Fikri, dengan sampel sebanyak 48 siswa yang ditentukan menggunakan teknik *sampling jenuh*. Teknik pengumpulan data menggunakan angket skala Likert untuk mengukur variabel *self awareness*, intensitas mengikuti budaya religius, dan kepatuhan tata tertib sekolah. Data dianalisis menggunakan analisis regresi linier berganda yang didahului dengan uji validitas, reliabilitas, dan uji prasyarat analisis. Hasil penelitian menunjukkan bahwa: (1) *self awareness* tidak berpengaruh signifikan terhadap kepatuhan tata tertib sekolah; (2) intensitas mengikuti budaya religius berpengaruh positif dan signifikan terhadap kepatuhan tata tertib sekolah; dan (3) *self awareness* serta intensitas mengikuti budaya religius secara simultan berpengaruh positif dan signifikan terhadap kepatuhan tata tertib sekolah pada siswa kelas X di SMK Darul Fikri. Temuan penelitian menunjukkan bahwa budaya religius yang diterapkan secara konsisten di lingkungan sekolah berperan penting dalam membentuk karakter disiplin dan kepatuhan siswa terhadap tata tertib sekolah. Oleh karena itu, sekolah dan guru bimbingan dan konseling diharapkan terus mengembangkan program pembinaan karakter berbasis budaya religius serta mengintegrasikan pengembangan *self awareness* dalam layanan bimbingan dan konseling guna meningkatkan kepatuhan peserta didik terhadap tata tertib sekolah.

Kata Kunci: budaya religius, kepatuhan tata tertib sekolah, *self awareness*.

ABSTRACT

Nugrahani Setia Hayu Pamungkas. 2026. The Effect of Self-Awareness and Intensity of Following Religious Culture on Compliance with School Rules among Tenth-Grade Students at Darul Fikri Vocational High School. Thesis. Guidance and Counseling Study Program, Faculty of Teacher Training and Education, Universitas PGRI Madiun. Supervisor (I) Beny Dwi Pratama, M.Psi., Supervisor (II) Dr. Asroful Kadafi, M.Pd.

This study aims to determine: (1) the effect of self-awareness on compliance with school rules, (2) the effect of intensity of following religious culture on compliance with school rules, and (3) the simultaneous effect of self-awareness and intensity of following religious culture on compliance with school rules among tenth-grade students at Darul Fikri Vocational High School. This study used a quantitative approach with an ex post facto design. The study population was all tenth-grade students at Darul Fikri Vocational High School, with a sample of 48 students determined using a saturated sampling technique. The data collection technique used a Likert scale questionnaire to measure the variables of self-awareness, intensity of following religious culture, and compliance with school rules. The data were analyzed using multiple linear regression analysis preceded by validity, reliability, and prerequisite analysis tests. The results of the study showed that: (1) self-awareness did not have a significant effect on compliance with school rules; (2) the intensity of following religious culture had a positive and significant effect on compliance with school rules; and (3) self-awareness and intensity of following religious culture simultaneously had a positive and significant effect on compliance with school rules in class X students at Darul Fikri Vocational School. The research findings indicate that religious culture that is consistently applied in the school environment plays an important role in shaping students' disciplined character and compliance with school rules. Therefore, schools and guidance and counseling teachers are expected to continue developing character-building programs based on religious culture and to integrate self-awareness development into guidance and counseling services in order to enhance students' adherence to school rules.

Keywords: *religious culture, adherence to school rules, self-awareness.*