

ABSTRAK

Siti Rukmana. 2026. Perwujudan Kompetensi Kepribadian Konselor Berdasarkan Perspektif *Patokan Lelaku* Etnis Samin (Studi Fenomenologis Empiris). Skripsi. Program Studi Bimbingan dan Konseling, Fakultas Keguruan dan Ilmu Pendidikan, Universitas PGRI Madiun. Pembimbing (I) Dr. Tyas Martika Anggriana, S. Psi., (II) Dr. Asroful Kadafi, S.Pd., M.Pd.

Temuan di lapangan menunjukkan bahwa terdapat guru BK di wilayah Kecamatan Sambong yang belum terlalu memahami masyarakat etnis samin dan ajarannya. Padahal, masyarakat etnis samin memiliki ajaran leluhur terutama *patokan lelaku*-nya yang bisa diinternalisasikan pada diri konselor untuk membentuk kompetensi kepribadian ideal konselor yang sesuai dengan kebudayaan setempat. Penelitian ini bertujuan untuk mengetahui dan mendeskripsikan bentuk-bentuk nilai *patokan lelaku* etnis samin yang masih dilestarikan dan diwujudkan dalam kehidupan sehari-hari mereka yang dapat diwujudkan, diadaptasi, atau dijadikan dasar dalam pembentukan kompetensi kepribadian konselor di daerah setempat.

Penelitian ini menggunakan metode kualitatif deskriptif dengan pendekatan fenomenologi empiris. Subjek dalam penelitian ini adalah dua tokoh masyarakat etnis samin dan dua guru BK di wilayah setempat yang dipilih berdasarkan pertimbangan tertentu melalui *snowball sampling*. Teknik pengumpulan data diperoleh melalui wawancara semi terstruktur. Validitas data diuji melalui triangulasi sumber. Analisis data dengan analisis model Miles dan Huberman yaitu model analisis yang memerlukan tiga komponen berupa reduksi data, penyajian data, serta penarikan kesimpulan.

Hasil penelitian ini menunjukkan bahwa *patokan lelaku* masyarakat etnis samin merupakan pedoman hidup yang menekankan keselarasan ucapan, pikiran, dan perilaku melalui nilai kejujuran, sopan santun, tanggung jawab, pengendalian diri, introspeksi diri, empati, kesabaran, kesederhanaan, gotong royong, dan keharmonisan sosial. Guru BK di Kecamatan Sambong pada umumnya telah menunjukkan kompetensi kepribadian sesuai Permendiknas Nomor 27 Tahun 2008, meskipun masih terdapat aspek yang perlu diperkuat, terutama pengelolaan emosi. Nilai-nilai *patokan lelaku* tersebut dapat diintegrasikan sebagai kearifan lokal dalam memperkuat kompetensi kepribadian konselor agar lebih berintegritas, humanis, dan sesuai dengan konteks budaya setempat.

Kata Kunci: kompetensi kepribadian konselor, masyarakat etnis samin, *patokan lelaku* etnis samin

ABSTRACT

Siti Rukmana. 2026. *Manifestations of Counselor Personality Competence Based on the Patokan Lelaku of the Samin Ethnic Community (An Empirical Phenomenological Study)*. Thesis. Department of Guidance and Counseling, Faculty of Teacher Training and Education, Universitas PGRI Madiun. Advisor: Dr. Tyas Martika Anggriana, S. Psi., Co-Advisor: Dr. Asroful Kadafi, S.Pd., M.Pd.

Key Terms: Counselor's Personality Competence; Patokan Lelaku Samin; Samin Ethnic Community

The findings in the field indicate that there are school counselors (guidance and counseling teachers) in Sambong District who do not yet have a sufficient understanding of the Samin ethnic community and its teachings. Meanwhile, the Samin ethnic community possesses ancestral teachings, particularly *patokan lelaku*, which can be internalized by counselors to develop the ideal counselor personality competencies that are aligned with the local culture. This study aims to identify and describe the forms of *patokan lelaku* values of the Samin ethnic community that continue to be preserved and practiced in their daily lives, and that can be manifested, adapted, or used as a foundation for developing counselor personality competencies in the local context.

This study employed a descriptive qualitative method with an empirical phenomenological approach. The participants consisted of two leaders of the Samin ethnic community and two school counselors (guidance and counseling teachers) in the local area, who were selected based on specific considerations using snowball sampling. Data were collected through semi-structured interviews. The validity of the data was established through source triangulation. Data were analyzed using the Miles and Huberman model, which consists of three components: data reduction, data display, and conclusion drawing.

The findings of this study indicate that the *patokan lelaku* of the Samin ethnic community serves as a guideline for life that emphasizes the harmony of speech, thought, and behavior through the values of honesty, courtesy, responsibility, self-control, self-reflection, empathy, patience, simplicity, mutual cooperation, and social harmony. School counselors (guidance and counseling teachers) in Sambong District have generally demonstrated personality competencies in accordance with the Permendiknas No. 27 of 2008, although certain aspects, particularly emotional regulation, still require further improvement. The values of *patokan lelaku* can be integrated as a form of local wisdom to strengthen counselors' personality competencies, enabling them to become more ethical, humane, and responsive to the local cultural context.