

ABSTRAK

Gegana Candra Kusuma Priyanto Pringgodiqdo. 2026. *Kematangan Karir Anak Disabilitas Intelektual melalui Aktivitas Membatik Ciprat: Studi Fenomenologi di SLB PSM Takeran*. Skripsi. Program Studi Bimbingan dan Konseling, FKIP, Universitas PGRI Madiun. Pembimbing (I) Beny Dwi Pratama, S.Psi., M.Psi., (II) Dr. Suharni, S.Pd., M.Psi.

Penelitian ini bertujuan untuk mendeskripsikan proses pembinaan, memahami pengalaman subjektif, dan menganalisis proses pembentukan kematangan karir anak disabilitas intelektual melalui aktivitas membatik ciprat di Sekolah Luar Biasa (SLB) PSM Takeran. Keterbatasan kognitif sering kali membuat anak disabilitas mengalami stagnasi dalam perkembangan karir. Oleh karena itu, pelatihan vokasional yang adaptif seperti membatik ciprat menjadi media intervensi yang krusial.

Penelitian ini menggunakan metode kualitatif dengan pendekatan studi fenomenologi. Data dikumpulkan melalui wawancara mendalam, observasi partisipatif, dan dokumentasi terhadap alumni SLB PSM Takeran serta guru pendamping di Sheltered Workshop Peduli Sambung Roso. Teknik analisis data yang digunakan adalah model interaktif Miles, Huberman, dan Saldaña.

Hasil penelitian menunjukkan bahwa proses pembinaan membutuhkan waktu yang panjang (mencapai satu tahun) melalui program dasar pembiasaan dan pendampingan intensif. Secara subjektif, aktivitas membatik ciprat dimaknai secara positif oleh anak disabilitas; mereka merasakan kebanggaan, peningkatan rasa percaya diri saat karyanya diapresiasi, serta menemukan motivasi intrinsik melalui kemandirian ekonomi (penghasilan untuk ditabung dan memenuhi kebutuhan). Kematangan karir mereka terbentuk secara gradual yang ditandai dengan tumbuhnya kesadaran diri, kemampuan eksplorasi alat kerja, dan kemampuan mengambil keputusan kerja sederhana. Dukungan lingkungan yang bebas dari stigma serta pengelolaan finansial (tabungan bersama) oleh pendamping menjadi faktor penting pendukung kesiapan karir masa depan mereka.

Kata Kunci: Anak Disabilitas Intelektual, Batik Ciprat, Fenomenologi, Kematangan Karir.

ABSTACT

Gegana Candra Kusuma Priyanto Pringgodiqdo. 2026. *Career Maturity of Children with Intellectual Disabilities through Ciprat Batik-Making Activities: A Phenomenological Study at SLB PSM Takeran*. Undergraduate Thesis. Guidance and Counseling Study Program, Faculty of Teacher Training and Education, Universitas PGRI Madiun. Advisors: (I) Beny Dwi Pratama, S.Psi., M.Psi., (II) Dr. Suharni, S.Pd., M.Psi.

This study aims to describe the training process, understand the subjective experiences, and analyze the career maturity development of children with intellectual disabilities through ciprat batik-making activities at SLB PSM Takeran. Cognitive limitations often cause children with disabilities to experience stagnation in their career development. Therefore, adaptive vocational training such as ciprat batik becomes a crucial intervention medium. This research employed a qualitative method with a phenomenological study approach. Data were gathered through in-depth interviews, participant observation, and documentation involving alumni of SLB PSM Takeran and supervising teachers at the Peduli Sambung Roso Sheltered Workshop.

The data analysis technique used the interactive model by Miles, Huberman, and Saldaña. The results showed that the training process requires a long period (up to one year) through basic habituation programs and intensive mentoring. Subjectively, ciprat batik activities are interpreted positively by children with disabilities; they feel pride, increased self-confidence when their work is appreciated, and find intrinsic motivation through economic independence (income to save and meet daily needs). Their career maturity is formed gradually, marked by the growth of self-awareness, the ability to explore work tools, and making simple work decisions. Environmental support free from stigma and financial management (joint savings) by mentors are important factors supporting their future career readiness.

Keyword: Career Maturity, Children with Intellectual Disabilities, Ciprat Batik, Phenomenology.