

ABSTRAK

Elmi Andelli Imaningtyas. 2026. *Studi Deskriptif Implementasi Metode Ekspresi Bebas Berbantu Media Clay pada Materi Karya Seni Rupa Murni Mata Pelajaran Seni Budaya dan Prakarya Kelas IV SD. Skripsi. Program Studi Sekolah Dasar, FKIP, Universitas PGRI Madiun. Pembimbing (I) Hartini, S.Sn, M.Pd., (II) Sesaria Prima Yudhaningtyas, M.Pd.*

Penelitian ini bertujuan untuk mendeskripsikan proses pelaksanaan metode pembelajaran Ekspresi Bebas menggunakan media *Clay* pada materi karya seni rupa murni kelas IV SDN Jatirejo Wonoasri, serta mengidentifikasi masalah dan solusi yang muncul selama proses pelaksanaan tersebut berdasarkan model kebijakan Van Meter dan Van Horn. Jenis penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif dengan teknik pengumpulan data melalui observasi, wawancara dan dokumentasi. Penelitian dilaksanakan di SDN Jatirejo, Kecamatan Wonoasri, Kabupaten Madiun. Sumber data primer diperoleh melalui observasi langsung pelaksanaan pembelajaran serta wawancara mendalam dengan narasumber utama yaitu wali kelas IV dan perwakilan siswa. Data dianalisis secara induktif dengan teknik triangulasi untuk memastikan keabsahan data lapangan. Hasil penelitian menunjukkan bahwa pelaksanaan metode Ekspresi Bebas menggunakan media *Clay* di kelas IV SDN Jatirejo telah berlangsung dengan sangat baik, teratur, dan efisien melalui tiga tahap utama: tahap awal, tahap inti, dan tahap penutup. Penggunaan metode Ekspresi Bebas berbantu media *Clay* terbukti efektif dalam merangsang keterampilan motorik halus, koordinasi mata-tangan, serta keberanian imajinasi siswa tanpa batasan ada batasan berkarya. Masalah yang ditemukan meliputi faktor teknis berupa matinya proyektor LCD karena penurunan daya listrik sekolah yang diatasi guru melalui demonstrasi fisik secara langsung; faktor psikologis berupa kecemasan dalam menemukan ide (*art anxiety*) yang diatasi melalui motivasi persuasif (*reset mind*); serta kendala manajemen waktu yang diatasi dengan fleksibilitas alokasi pengerjaan proyek.

Kata Kunci: Metode Ekspresi Bebas, Media *Clay*, Seni Rupa Murni, Sekolah Dasar, Teori Implementasi Van Meter & Van Horn.

ABSTRACT

Elmi Andelli Imaningtyas. 2026. *A Descriptive Study of the Implementation of the Free Expression Method Using Clay as a Medium in the Fine Arts Unit of the Arts, Culture, and Crafts Course for Fourth-Grade Elementary School Students*. Thesis. Elementary Education Program, Faculty of Teacher Training and Education, PGRI University of Madiun. Supervisor: (I) Hartini, S.Sn, M.Pd., (II) Sesaria Prima Yudhaningtyas, M.Pd.

This study aims to describe the implementation process of the Free Expression learning method using clay as a medium in the fine arts curriculum for fourth-grade students at SDN Jatirejo Wonoasri, as well as to identify problems and solutions that arose during the implementation process based on the policy model proposed by Van Meter and Van Horn. This study employs a qualitative approach using a descriptive method, with data collected through observation, interviews, and documentation. The research was conducted at SDN Jatirejo, Wonoasri Subdistrict, Madiun Regency. Primary data were obtained through direct observation of the learning process and in-depth interviews with key informants, namely the fourth-grade homeroom teacher and student representatives. Data were analyzed inductively using triangulation techniques to ensure the validity of the field data. The results of the study indicate that the implementation of the Free Expression method using clay as a medium in the fourth-grade class at SDN Jatirejo proceeded very well, in an orderly and efficient manner, through three main stages: the initial stage, the core stage, and the closing stage. The use of the Free Expression method aided by clay media proved effective in stimulating students' fine motor skills, hand-eye coordination, and imaginative courage without limiting their creative expression. Issues identified included technical factors, such as the LCD projector shutting down due to a drop in the school's electrical power, which the teacher addressed through direct physical demonstrations; and psychological factors, such as anxiety.

Keywords: Free Expression Method, Clay Medium, Fine Arts, Elementary School, Van Meter & Van Horn's Implementation Theory.