DAFTAR PUSTAKA

Baluku, M. M., Mugabi, E. N., Nansamba, J., Matagi, L., Onderi, P., & Otto, K. (2021). Psychological Capital and Career Outcomes among Final Year University Students: the Mediating Role of Career Engagement and Perceived Employability. *International Journal of Applied Positive Psychology*, *6*(1), 55–80. https://doi.org/10.1007/s41042-020-00040-w

Bartolomé, J., Garaizar, P., & Larrucea, X. (2022). A Pragmatic Approach for Evaluating and Accrediting Digital Competence of Digital Profiles: A Case Study of Entrepreneurs and Remote Workers. In *Technology, Knowledge and Learning* (Vol. 27, Issue 3). Springer Netherlands. https://doi.org/10.1007/s10758-021-09516-3

Brown, A. (2015). Developing career adaptability and innovative capabilities through learning and working in Norway and the United Kingdom. *Journal of the Knowledge Economy*, *6*(2), 402–419. https://doi.org/10.1007/s13132-014-0215-6

Chen, H., Fang, T., Liu, F., Pang, L., Wen, Y., Chen, S., & Gu, X. (2020). Career adaptability research: A literature review with scientific knowledge mapping in web of science. *International Journal of Environmental Research and Public Health*, *17*(16), 1–21. https://doi.org/10.3390/ijerph17165986

Coetzee, M., Mbiko, H. N., & Nel, E. (2023). To what extent do career agility and psychological capital activate employees' career adaptability and foster their career resilience and career satisfaction? *South African Journal of Psychology*, *53*(3), 438–451. https://doi.org/10.1177/00812463231186271

Cohen, S., & Wills, T. A. (1985). Stress, Social Support, and the Buffering Hypothesis. *Psychological Bulletin*, *98*(2), 310–357. https://doi.org/10.1037/0033-2909.98.2.310

Fitri, D. (2024). Hubungan Social Support terhadap Career Adaptability pada Karyawan Early Career. *Jurnal Psikologi Udayana*, *11*(1), 449–461. https://doi.org/10.24843/JPU/2024.v11.i01.p04

Ghozali, H, I. (2021). Bab 2 Pengenalan Program Spss Aplikasi Statistik Deksriptif Dan Crosstabs. In *Aplikasi Analisis Multivariate Dengan Program IBM SPSS 26*.

Hamid, R. A. (2022). The Role of Employees' Technology Readiness, Job Meaningfulness and Proactive Personality in Adaptive Performance. *Sustainability (Switzerland)*, *14*, 1–16.

Hirschi, A. (2009). Career adaptability development in adolescence: Multiple predictors and effect on sense of power and life satisfaction. *Journal of Vocational Behavior*, *74*(2), 145–155. https://doi.org/10.1016/j.jvb.2009.01.002

Hui, T., Yuen, M., & Chen, G. (2018). Career Adaptability, Self-Esteem, and Social Support Among Hong Kong University Students. *Career Development Quarterly*, *66*(2), 94–106. https://doi.org/10.1002/cdq.12118

Karatepe, O. M., & Karadas, G. (2015). Do psychological capital and work engagement foster frontline employees' satisfaction?: A study in the hotel industry. *International Journal of Contemporary Hospitality Management*, *27*(6), 1254–1278. https://doi.org/10.1108/IJCHM-01-2014-0028

Kim, S. S., & Yoon, D. Y. (2025). Impact of empowering leadership on adaptive performance in hybrid work: a serial mediation effect of knowledge sharing and employee agility. *Frontiers in Psychology*, *16*(January). https://doi.org/10.3389/fpsyg.2025.1448820

Koen, J., Klehe, U. C., & Van Vianen, A. E. M. (2012). Training career adaptability to facilitate a successful school-to-work transition. *Journal of Vocational Behavior*, *81*(3), 395–408. https://doi.org/10.1016/j.jvb.2012.10.003

Kumi, E., Osei, H. V., Asumah, S., & Yeboah, A. (2024). The impact of technology readiness and adapting behaviours in the workplace: a mediating effect of career adaptability. *Future Business Journal*, *10*(1), 1–19. https://doi.org/10.1186/s43093-024-00355-z

Lee, P. C., Xu, S. (Tracy), & Yang, W. (2021). Is career adaptability a double-edged sword? The impact of work social support and career adaptability on turnover intentions during the COVID-19 pandemic. *International Journal of Hospitality Management*, *94*(October 2020), 102875. https://doi.org/10.1016/j.ijhm.2021.102875

Lin, M. H., Lim, P. K., Azalea, A., & Lee, M. C. C. (2024). Factors affecting career motivation of recent graduates: Career adaptability as a mediator. *Career Development Quarterly*, *72*(4), 276–294. https://doi.org/10.1002/cdq.12361

Luthans, F., Avolio, B. J., & Norman, S. M. (2023). Positive Psychological Capital: Measurement and Relationship With Performance and Satisfaction. *Personnel Psychology*, *60*, 541–572.

Luthans, F., & Youssef-Morgan, C. M. (2017). Psychological Capital: An Evidence-Based Positive Approach. *Annual Review of Organizational Psychology and Organizational Behavior*, *4*, 339–366. https://doi.org/10.1146/annurev-orgpsych-032516-113324

Luthans, F., Youssef, C. M., & Avolio, B. J. (2007). Psychological Capital: Developing the Human Competitive Edge. In *Psychological Capital: Developing the Human Competitive Edge*. https://doi.org/10.1093/acprof:oso/9780195187526.001.0001

Monteiro, S., & Almeida, L. S. (2015). The relation of career adaptability to work experience, extracurricular activities, and work transition in Portuguese graduate students. *Journal of Vocational Behavior*, *91*, 106–112. https://doi.org/10.1016/j.jvb.2015.09.006

Nolzen, N. (2018). The concept of psychological capital: a comprehensive review. *Management Review Quarterly*, *68*(3), 237–277. https://doi.org/10.1007/s11301-018-0138-6

Parasuraman, A. (2000). Technology Readiness Index (Tri): A Multiple-Item Scale to Measure Readiness to Embrace New Technologies. *Journal of Service Research*, *2*(4), 307–320. https://doi.org/10.1177/109467050024001

Parasuraman, A., & Colby, C. L. (2015). An Updated and Streamlined Technology Readiness Index: TRI 2.0. *Journal of Service Research*, *18*(1), 59–74. https://doi.org/10.1177/1094670514539730

Park, S. Y., Cha, S. B., Joo, M. H., & Na, H. (2022). A multivariate discriminant analysis of university students' career decisions based on career adaptability, social support, academic major relevance, and university life satisfaction. *International Journal for Educational and Vocational Guidance*, *22*(1), 191–206. https://doi.org/10.1007/s10775-021-09480-5

Priporas, C. V., Stylos, N., & Fotiadis, A. K. (2017). Generation Z consumers' expectations of interactions in smart retailing: A future agenda. *Computers in Human Behavior*, *77*, 374–381. https://doi.org/10.1016/j.chb.2017.01.058

Rahim, N. B., & Siti-Rohaida, M. Z. (2015). Protean Career Orientation and Career Goal Development: Do they Predict Engineer's Psychological Well-being? *Procedia - Social and Behavioral Sciences*, *172*(2000), 270–277. https://doi.org/10.1016/j.sbspro.2015.01.364

Reio, T., & Ghosh, R. (2009). Antecedents and Outcomes of Workplace Incivility. *Computational Complexity*, *2*(1), 1–9. https://doi.org/10.1002/hrdq

Rençber, İ., & Paşaoğlu Baş, D. (2023). Linking perceived social support, career adaptability, and innovative behavior: A two-wave study. *Career Development Quarterly*, *71*(3), 162–174. https://doi.org/10.1002/cdq.12330

Restu Dewani, Y., & Nuzulia, S. (2024). Does Social Support Contribute To Career Adaptability? Study at The Final Year Student. *Jurnal Indonesia Sosial Teknologi*, *5*(3), 969–981. https://doi.org/10.59141/jist.v5i3.946

Rudolph, C. W., Lavigne, K. N., & Zacher, H. (2017). Career adaptability: A meta-analysis of relationships with measures of adaptivity, adapting responses, and adaptation results. *Journal of Vocational Behavior*, *98*, 17–34. https://doi.org/10.1016/j.jvb.2016.09.002

Safavi, H. P., & Bouzari, M. (2019). The association of psychological capital, career adaptability and career competency among hotel frontline employees. *Tourism Management Perspectives*, *30*(February), 65–74. https://doi.org/10.1016/j.tmp.2019.02.001

Santilli, S., Marcionetti, J., Rochat, S., Rossier, J., & Nota, L. (2017). Career Adaptability, Hope, Optimism, and Life Satisfaction in Italian and Swiss Adolescents. *Journal of Career Development*, *44*(1), 62–76. https://doi.org/10.1177/0894845316633793

Savickas, M. L. (1997). Career adaptability: An integrative construct for life-span, life-space theory. *Career Development Quarterly*, *45*(3), 247–259. https://doi.org/10.1002/j.2161-0045.1997.tb00469.x

Savickas, M. L., & Porfeli, E. J. (2012). Career Adapt-Abilities Scale: Construction, reliability, and measurement equivalence across 13 countries. *Journal of Vocational Behavior*, *80*(3), 661–673. https://doi.org/10.1016/j.jvb.2012.01.011

Schaefer, C., Coyne, J. C., & Lazarus, R. S. (1981). The health-related functions of social support. *Journal of Behavioral Medicine*, *4*(4), 381–406. https://doi.org/10.1007/BF00846149

Snyder, H. (2019). Literature review as a research methodology: An overview and guidelines. *Journal of Business Research*, *104*(March), 333–339. https://doi.org/10.1016/j.jbusres.2019.07.039

Sugiyono. (2023). *Metode penelitian kuantitatif dan kualitatif*.

Sulistiani, W., & Handoyo, S. (2018). *Career Adaptability: The Influence of Readiness and Adaptation Success in the Education Context: a Literature Review*. *133*, 195–205. https://doi.org/10.2991/acpch-17.2018.32

Thoits, P. A. (2011). Mechanisms linking social ties and support to physical and mental health. *Journal of Health and Social Behavior*, *52*(2), 145–161. https://doi.org/10.1177/0022146510395592

Venkatesh, V., Morris, M. G., And, G. B. D., & Davis, F. D. (2003). User Acceptance of Information Technology: Toward a Unified View Reviewed work(s): Source: Stable URL: http://www. *MIS Quarterly*, *27*(3), 95–98.

Wang, Z., & Fu, Y. (2015). Social support, social comparison, and career adaptability: A moderated mediation model. *Social Behavior and Personality*, *43*(4), 649–660. https://doi.org/10.2224/sbp.2015.43.4.649

Widiawati, N., Violinda, Q., & Ratri Nastiti, P. (2025). Pengaruh Future Time Perspective, Career Adaptability Dan Literasi Digital Terhadap Kesiapan Kerja Mahasiswa Semester Akhir Di Kota Semarang. *Jurnal Ilmiah Manajemen Bisnis Dan Ekonomi Kreatif*, *4*(2), 71–82. https://doi.org/10.26877/jibeka.v4i2.1480

Youssef-Morgan, C. M., & Luthans, F. (2015). Psychological capital and well-being. *Stress and Health*, *31*(3), 180–188. https://doi.org/10.1002/smi.2623

Zianatul Makwa. (2025). Influence of Psychological Well-Being and School Factors on Delinquency , During the Covid-19 Period Among Secondary School Students in Selected Schools in Nakuru County : Kenya. *International Journal of Research and Innovation in Social Science (IJRISS)*, *VII*(2454), 1175–1189. https://doi.org/10.47772/IJRISS

Zyberaj, J., Seibel, S., Schowalter, A. F., Pötz, L., Richter-Killenberg, S., & Volmer, J. (2022). Developing Sustainable Careers during a Pandemic: The Role of Psychological Capital and Career Adaptability. *Sustainability (Switzerland)*, *14*(5), 3105. https://doi.org/10.3390/su14053105