ABSTRAK

Daffa Andhika Fawwaz. 2026. Pengaruh Work Life Balance Dan Job Satisfaction Terhadap Employee Well-Being Pada Pt Jekael Invesco. Skripsi. Program Studi Manajemen, Fakultas Ekonomi dan Bisnis, Universitas PGRI Madiun. Pembimbing (I) Dr. Karuniawati Hasanah, S.E., M.M. Pembimbing (II) Robby Sandhi Dessyarti, S.E., M.M.

Era persaingan bisnis yang semakin ketat dan perkembangan dunia kerja yang semakin dinamis, perusahaan dituntut untuk meningkatkan produktivitas dan kinerja karyawan secara berkelanjutan. tujuan dari penelitian ini yaitu untuk memberikan bukti empiris *Work Life Balance* berpengaruh terhadap *employee well-being* pada Karyawan PT Jekael Invesco dan untuk memberikan bukti empiris *job satisfaction* berpengaruh terhadap *employee well-being* pada Karyawan PT Jekael Invesco. Penelitian ini menggunakan sampel sebanyak 108 responden yang merupakan karyawan PT Jekael Invesco. Teknik pengambilan sampel dalam penelitian ini menggunakan non probability sampling. Adapun teknik analisis data yang digunakan adalah analisis regresi linear berganda untuk mengetahui pengaruh *Work Life Balance* dan *Job satisfaction* terhadap *Employee wellbeing*. Berdasarkan hasil pengolahan data dan pengujian hipotesis yang telah dilakukan, maka dapat ditarik kesimpulan bahwa *work life balance* berpengaruh signifikan terhadap *employee wellbeing* pada karyawan PT Jekael Invesco. *Job satisfaction* berpengaruh signifikan terhadap *employee wellbeing* pada karyawan PT Jekael Invesco.

Kata Kunci : Work Life Balance, Job Satisfaction, Employee Well-Being

ABSTRACT

Daffa Andhika Fawwaz. 2026. The Effect of Work-Life Balance and Job Satisfaction on Employee Well-Being at PT Jekael Invesco. Undergraduate Thesis. Management Study Program, Faculty of Economics and Business, Universitas PGRI Madiun. Advisor (I) Dr. Karuniawati Hasanah, S.E., M.M. Advisor (II) Robby Sandhi Dessyarti, S.E., M.M.

In an increasingly competitive business environment and a rapidly changing workplace, companies are required to continuously improve employee productivity and performance. This study aims to provide empirical evidence of the effect of work-life balance on employee well-being among employees of PT Jekael Invesco and to provide empirical evidence of the effect of job satisfaction on employee well-being among employees of PT Jekael Invesco. This study involved 108 respondents, who were employees of PT Jekael Invesco. The sampling technique used was non-probability sampling. The data analysis technique employed was multiple linear regression analysis to examine the effects of work-life balance and job satisfaction on employee well-being. Based on the results of data processing and hypothesis testing, it can be concluded that work-life balance has a significant effect on employee well-being among employees of PT Jekael Invesco. Job satisfaction also has a significant effect on employee well-being among employees of PT Jekael Invesco.

Keywords: Work-Life Balance, Job Satisfaction, Employee Well-Being