

ABSTRAK

Welda Ferdian Aldofa. 2026. *Analisis Hierarki Kebutuhan Abraham Maslow pada Tokoh Alenna dalam Novel Last Minute in Sangatta Karya Yumna Malik: Kajian Psikologi Sastra*. Skripsi. Program Studi Pendidikan Bahasa dan Sastra Indonesia, Fakultas Keguruan dan Ilmu Pendidikan, Universitas PGRI Madiun. Pembimbing (I) Dhika Puspitasari, S.Hum., M.A.; Pembimbing (II) Devi Cintia Kasimbara, S.Pd., M.A.

Penelitian ini dilatarbelakangi oleh pentingnya kajian psikologi sastra untuk memahami dinamika kejiwaan tokoh dalam karya sastra, karena pembelajaran sastra masih cenderung berfokus pada unsur intrinsik dan belum mengkaji aspek psikologis tokoh secara mendalam. Salah satu karya sastra yang menarik dikaji adalah novel *Last Minute in Sangatta* karya Yumna Malik yang menggambarkan perjuangan tokoh Alenna dalam memenuhi berbagai kebutuhan hidup. Penelitian ini bertujuan mendeskripsikan pemenuhan hierarki kebutuhan Abraham Maslow pada tokoh Alenna serta mendeskripsikan relevansi hasil analisis tersebut terhadap pembelajaran sastra Indonesia.

Penelitian ini menggunakan pendekatan psikologi sastra dengan jenis penelitian deskriptif kualitatif. Sumber data penelitian berupa novel *Last Minute in Sangatta* karya Yumna Malik terbitan tahun 2017. Data penelitian berupa kutipan dialog, narasi, monolog, dan peristiwa yang menunjukkan pemenuhan hierarki kebutuhan Abraham Maslow pada tokoh Alenna. Data dikumpulkan menggunakan teknik dokumentasi melalui teknik baca dan catat, kemudian dianalisis menggunakan model Miles dan Huberman yang meliputi reduksi data, penyajian data, dan penarikan kesimpulan.

Hasil penelitian menunjukkan bahwa tokoh Alenna mengalami pemenuhan lima tingkatan hierarki kebutuhan Abraham Maslow, yaitu kebutuhan fisiologis, rasa aman, cinta dan rasa memiliki, penghargaan, serta aktualisasi diri, meskipun pada beberapa peristiwa terdapat kebutuhan yang belum terpenuhi secara optimal akibat tekanan pekerjaan, konflik sosial, dan kondisi psikologis yang dihadapinya. Hasil penelitian juga menunjukkan bahwa analisis hierarki kebutuhan Abraham Maslow relevan digunakan sebagai alternatif bahan pembelajaran sastra Indonesia karena dapat membantu peserta didik memahami aspek psikologis tokoh, meningkatkan kemampuan berpikir kritis, serta memperkuat apresiasi terhadap karya sastra.

Kata kunci: psikologi sastra, hierarki kebutuhan Abraham Maslow, pembelajaran sastra Indonesia.

ABSTRACT

Analysis of Abraham Maslow's Hierarchy of Needs of the Character Alenna in the Novel Last Minute in Sangatta by Yumna Malik: A Literary Psychology Study. Thesis. Indonesian Language and Literature Education Study Program, Faculty of Teacher Training and Education, Universitas PGRI Madiun. Advisor (I) Dhika Puspitasari, S.Hum., M.A.; Advisor (II) Devi Cintia Kasimbara, S.Pd., M.A.

This research was motivated by the importance of literary psychology studies in understanding the psychological dynamics of characters in literary works, as literary learning still tends to focus on intrinsic elements and has not examined the psychological aspects of characters in depth. One literary work that is interesting to study is the novel *Last Minute in Sangatta* by Yumna Malik, which depicts the struggle of the character Alenna in fulfilling various needs in life. This research aims to describe the fulfillment of Abraham Maslow's hierarchy of needs in the character Alenna and to describe the relevance of the analysis results to Indonesian literature learning.

This research used a literary psychology approach with a descriptive qualitative research design. The data source was the novel *Last Minute in Sangatta* by Yumna Malik, published in 2017. The research data consisted of dialogue, narrative, monologue, and events indicating the fulfillment of Abraham Maslow's hierarchy of needs in the character Alenna. Data were collected through documentation using reading and note-taking techniques, then analyzed using the Miles and Huberman model, which includes data reduction, data presentation, and conclusion drawing.

The results showed that the character Alenna experienced the fulfillment of five levels of Abraham Maslow's hierarchy of needs, namely physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs, although some needs were not optimally fulfilled due to work pressure, social conflicts, and psychological conditions she faced. The results also showed that the analysis of Abraham Maslow's hierarchy of needs is relevant as an alternative material for Indonesian literature learning because it can help students understand the psychological aspects of characters, improve critical thinking skills, and strengthen appreciation of literary works.

Keywords: literary psychology, Abraham Maslow's hierarchy of needs, Indonesian literature learning.