

ABSTRAK

Arneta Delia Putri. 2024. Pengaruh Konformitas Teman Sebaya Dan Kontrol Diri Terhadap Perilaku Hedonisme Mahasiswa Program Studi Bimbingan Dan Konseling Universitas PGRI Madiun. Skripsi. Program Studi Bimbingan dan Konseling, FKIP, UNIVERSITAS PGRI MADIUN. Pembimbing (I) Dr. Dahlia Novarianing Asri, M.Si., (II) Silvia Yula Wardani, S.Pd., M.Pd.

Hedonisme adalah suatu paham yang dianut suatu individu dimana tujuan utama dalam hidupnya semata-mata untuk kesenangan semata. Tingkat Konformitas Teman Sebaya dan Kontrol Diri memiliki pengaruh terhadap Perilaku Hedonisme. Secara umum penelitian ini dilakukan untuk mengetahui pengaruh Konformitas Teman Sebaya dan Kontrol Diri Terhadap Perilaku Hedonisme Mahasiswa Program Studi Bimbingan Dan Konseling Universitas PGRI Madiun.

Penelitian ini menggunakan pendekatan kuantitatif dengan metode *ex-post facto*. Populasi dalam penelitian ini seluruh mahasiswa program studi bimbingan dan konseling sebesar 195 mahasiswa dan sampel sebesar 66 mahasiswa. Peneliti menentukan jumlah sampel dengan menghitung menggunakan rumus Slovin, dan pengambilan sampel menggunakan teknik *Simple random Sampling*. Data yang diperoleh kemudian dihitung dengan menggunakan bantuan SPSS versi 19 dengan rumus korelasi product moment dan regresi ganda dua predictor.

Berdasarkan data yang telah dianalisis maka dapat disimpulkan jika hipotesis pertama yang berbunyi terdapat pengaruh konformitas teman sebaya terhadap perilaku hedonisme mahasiswa Program Studi Bimbingan Dan Konseling Universitas PGRI Madiun. Hipotesis kedua berbunyi terdapat pengaruh kontrol diri terhadap perilaku hedonisme mahasiswa Program Studi Bimbingan Dan Konseling Universitas PGRI Madiun. Hipotesis ketiga berbunyi terdapat pengaruh konformitas teman sebaya dan kontrol diri terhadap perilaku hedonisme mahasiswa Program Studi Bimbingan Dan Konseling Universitas PGRI Madiun.

Kata Kunci: konformitas temen sebaya, kontrol diri, perilaku hedonisme

ABSTRAK

Arneta Delia Putri. 2024. The Influence of Peer Conformity Peer Conformity and Self-Control on Hedonism Behavior of Students of the Guidance and Counseling Study Program, Universitas PGRI Madiun. Guidance and Counseling University of PGRI Madiun. Thesis. Study Program Guidance and Counseling, FKIP, PGRI MADIUN UNIVERSITY. Supervisor (I) Dr. Ir. Dahlia Novarianing Asri, M.Si., (II) Silvia Yula Wardani, S.Pd., M.Pd.

Hedonism is an understanding embraced by an individual where the main goal in life is solely for pleasure. Level of Peer Conformity Peers and Self-Control have an influence on Hedonism Behavior. In general, this study was conducted to determine the effect of Peer Conformity and Self-Control on Hedonism Behavior. Peer Conformity and Self-Control on Hedonism Behavior of Guidance and Counseling Study Program Students PGRI Madiun University.

This research uses a quantitative approach with an ex-post facto method. The population in this study were all students of the guidance and counseling study program of 195 students and a sample of 66 students. Researchers determined the number of samples by calculating using the Slovin formula, and sampling using the Simple random Sampling technique. The data obtained were then calculated using the help of SPSS version 19 with the product moment correlation formula and multiple regression of two predictors.

Based on the data that has been analyzed, it can be concluded that the first hypothesis which reads that there is an influence of peer conformity on the hedonism behavior of students of the Guidance and Counseling Study Program at PGRI Madiun University. The second hypothesis reads that there is an influence of self-control on the hedonism behavior of students of the Guidance and Counseling Study Program, Universitas PGRI Madiun. The third hypothesis reads that there is an influence of peer conformity and self-control on the hedonism behavior of students in the Guidance and Counseling Study Program, Universitas PGRI Madiun.

Keywords: peer conformity, self-control, hedonism behavior