CHAPTER 1

INTRODUCTION

A. Background of the Study

In education, speaking skills is acknowledged as a fundamental skill crucial for effective communication inside and outside the classroom. Speaking is a critical English skill that students must prioritize mastering (Suadiyatno et al., 2020). As a cornerstone of human interaction, speaking skills are pivotal in academic success, career development, and interpersonal relationships. The importance of honing speaking skills extends beyond mere verbal expression, encompassing the skill to organize thoughts coherently and persuasively. Speaking in a second language is difficult, as learners must simultaneously process structured verbal expressions to convey meaning while speaking.

Speaking skills involve a complex set of abilities in the context of learning. Speaking is vital in learning and teaching a language (Guebba, 2021). It surpasses merely expressing thoughts, including articulating ideas coherently, selecting appropriate language in various contexts, modulation of tone and speech pace, and confidence in delivering messages clearly and convincingly. These skills form the foundation of effective communication, fostering engagement and understanding among peers and educators.

In speaking, the use of techniques creates a distinct impression. In learning, strategies refer to approaches to delivering material within the learning environment (Nasution, 2017). Techniques or methods in communication and conversation refer to individuals' approaches to enhance their communication quality. Using innovative teaching techniques and learning media is essential for improving language skills and can motivate students to learn when applied effectively and adequately (Widyahening, 2018). One of the various techniques is structured time management practices. This can be applied in the learning context to support students' speaking skills using techniques as a learning tool in the classroom.

Specifically in the context of speaking, techniques encompass various strategies aimed at sharpening oral communication. There is a time management tool that was initially intended to optimize personal work and study, it helps improve focus (Septiani et al., 2022). This technique is known as the Pomodoro Technique. The use of techniques in learning with the Pomodoro technique is particularly intriguing.

The Pomodoro technique divides time into focused intervals of 25 minutes, followed by a 5-minute break, to enhance productivity. Its main advantages lie in enhancing focus, effective time management, combating procrastination, reducing mental fatigue with short breaks, and improving productivity by regulating work time. This simple technique greatly aids

individuals in managing their time better, enhancing concentration, and overcoming the tendency to procrastinate.

In this study, the researcher adapted the previous similar research using the Pomodoro technique by (Septiani et al., 2022), who utilized the Pomodoro technique as the research medium. This research aims to measure the influence of using the Pomodoro Technique on students' speaking skills. The similarity between the previous research and this study lies in using the Pomodoro learning technique. The difference lies in the type of skill used; in the previous study, the researcher focused on writing skills, while in this study, the researcher wants to apply different skills, specifically focusing on speaking skills. Based on this explanation, the researcher was motivated to conduct a similar study titled "The Effect of Pomodoro Technique Toward the Speaking Skill in Introducing Oneself of the Tenth Grade Students".

For this reason, the researcher wants to experiment with teaching speaking introducing self for tenth grade students of SMK 2 Jiwan in the second semester of the 2024/2025 Academic Year. This research is entitled " The Effect of Pomodoro Technique Toward the Speaking Skill in Introducing Oneself of the Tenth Grade Students".

B. Delimitation of the Study

This research has the delimitation of study. This study focuses on measuring the effect of Pomodoro technique toward the speaking skill in Introducing oneself of the tenth grade students.

C. Research Question

The formulation of the research question in this study of introducing self is "Is there any effect of Pomodoro technique toward the speaking skill in introducing self of the tenth grade students?".

D. Purpose of the Study

In line with the research question, the research aims to know the effect of Pomodoro technique toward the speaking skill in introducing self of the tenth grade students.

E. Significance of the Study

By conducting this research, the researcher hopes to be able to provide significance to the following:

1. Students

This research is expected to provide tangible benefits for the tenth grade students by improving their speaking skills in introducing oneself through applying the Pomodoro technique, which can increase learning efficiency and independence in developing communicative abilities.

2. Teachers

This research is expected to positively contribute to English teachers by providing new insights regarding using the Pomodoro technique to improve students' speaking skills in introducing oneself, so that teachers can integrate this strategy effectively in their teaching process.

3. School

This research is expected to positively contribute to improving the quality of learning in schools by focusing on developing students' speaking skills in introducing oneself through applying the Pomodoro technique, which can be an effective model to be widely applied in educational environments.

4. Future Researchers

The researcher hopes that the results of this research can become a strong basis for further research, providing a basis for further exploration of the application of the Pomodoro technique in various learning contexts and motivating another researcher to explore specific aspects that may not have been revealed.

F. Definition of Operational Key Terms

Proper key term selection is essential in this research to ensure reader understanding. Therefore, several key terms need to be understood as follows:

1. Speaking Skill

   Speaking skills refer to the ability to communicate orally in a language effectively and fluently. It involves clearly expressing ideas, opinions, thoughts, and information, using appropriate vocabulary, grammar, pronunciation, and intonation.

2. Introducing Oneself

   Introducing self is one of the materials given to tenth grade students. Utilizing about how to Introduce oneself typically involves sharing your name, background, and sometimes your interests or objectives. It is a way to inform others about who you are and what you're about.

3. The Pomodoro Technique

   The Pomodoro Technique is a time management method developed by Francesco Cirillo. It involves breaking work into intervals, typically 25 minutes long, called "Pomodoros," followed by a short break. The technique aims to enhance focus, productivity, and time management.