

ABSTRAK

Alfiah Fitryanisa Ramadhanty, 2024. Pengaruh *Self Control* dan Pola Asuh Otoriter terhadap Perilaku Agresif Verbal Pada Siswa Kelas XI di SMA Negeri 1 Nglames. Pembimbing (I) Dr. Rischa Pramudia Trisnani, M. Pd. (II) Dr. Asroful Kadafi, S. Pd., M. Pd.

Remaja memiliki banyak sekali tantangan dalam perkembangannya, antara lain perkembangan emosinya yang tidak stabil. Saat masa remaja, kenakalan pada remaja sangatlah sering terjadi seperti perilaku agresif verbal. Perilaku agresif verbal jika dibiarkan dan tidak segera diatasi maka sangat berpotensi untuk memicu perilaku agresif non verbal seperti perkelahian, tawuran, pengeroyokan, maupun kekerasan. Secara umum penelitian ini bertujuan untuk mengetahui/menganalisis pengaruh *self control* dan pola asuh otoriter terhadap perilaku agresif verbal pada siswa kelas 11 di SMA Negeri 1 Nglames.

Metode dalam penelitian ini yang digunakan ialah *expost facto*. Populasi pada penelitian sebanyak 340 siswa. Sampel penelitian sebanyak 63 siswa yang diambil dengan teknik *simple random sampling*. Teknik pengumpulan data yakni dengan cara wawancara dan dengan instrumen skala *self control*, skala pola asuh otoriter dan skala agresif verbal. Teknik analisis data menggunakan Uji asumsi klasik yang meliputi Uji Normalitas, Linearitas dan Multikolinearitas. Uji hipotesis peneliti menggunakan korelasi *product moment*, dan regresi berganda meliputi Uji T, Uji F dan Uji Determinasi.

Hasil penelitian ini ditemukan tidak ada pengaruh antara *self control* dengan perilaku agresif verbal, yang artinya hipotesis ditolak. Pada variabel pola asuh otoriter ada pengaruh antara pola asuh otoriter terhadap perilaku agresif verbal siswa. Sedangkan hasil uji ketiga variabel ditemukan adanya pengaruh antara *self control* dan pola asuh otoriter terhadap perilaku agresif verbal pada siswa kelas XI di SMA Negeri 1 Nglames. Hasil uji linieritas diketahui bahwa nilai sig $0,364 > 0,05$ sehingga dapat disimpulkan bahwa variabel *Self Control* X1 mempunyai hubungan yang linier dengan variabel dependent (Y). Dan hasil uji linieritas untuk variabel X2 nilai sig *deviation linearity* sebesar $0,353 > 0,05$ sehingga dapat dikatakan bahwa variabel pola asuh otoriter (X2) mempunyai hubungan linier dengan variabel Pola Asuh Otoriter (Y).

Kata kunci: *Self control*, pola asuh otoriter, perilaku agresif verbal

ABSTRACT

Alfiah Fitryanisa Ramadhanty, 2024. The Effect of Self Control and Authoritarian Parenting on Verbal Aggressive Behavior in Grade XI Students at SMA Negeri 1 Nglames. Supervisor (I) Dr. Rischa Pramudia Trisnani, M. Pd. (II) Dr. Asroful Kadafi, S. Pd., M. Pd.

Adolescents have a lot of challenges in their development, including their unstable emotional development. During adolescence, delinquency in adolescents is very common such as verbally aggressive behavior. Verbal aggressive behavior, if left unchecked and not immediately addressed, has the potential to trigger non-verbal aggressive behavior such as fights, fights, assaults, and violence. In general, this study aims to know/analyze the influence of self-control and authoritarian parenting on verbal aggressive behavior in grade 11 students at SMA Negeri 1 Nglames.

The method used in this study is *expost facto*. The population in the study is 340 students. The research sample was 63 students taken using a simple random sampling technique. The data collection techniques are by means of interviews and with instruments on the self-control scale, the authoritarian parenting scale and the verbal aggressive scale. The data analysis technique uses the classical assumption test which includes the Normality, Linearity and Multicollinearity Test. The researcher's hypothesis test uses product moment correlation, and multiple regression includes T Test, F Test, and Determination Test.

The results of this study found that there was no effect between self-control and verbal aggressive behavior, which means that the hypothesis was rejected. In the variable of authoritarian parenting, there is an influence between authoritarian parenting on students' verbally aggressive behavior. Meanwhile, the results of the test of the three variables found that there was an influence between self-control and authoritarian parenting on verbal aggressive behavior in grade XI students at SMA Negeri 1 Nglames. The results of the linearity test are known that the value of the sig is $0.364 > 0.05$ so it can be concluded that the Self Control variable X_1 has a linear relationship with the dependent variable (Y). And the results of the linearity test for the X_2 variable sig deviation linearity value of $0.353 > 0.05$ so that it can be said that the authoritarian parenting variable (X_2) has a linear relationship with the Authoritarian parenting variable (Y).

Keywords: Self-control, authoritarian parenting, verbal aggressive behavior