

## **CHAPTER V**

### **CONCLUSION**

#### **A. Conclusion**

Based on the research on Ember's emotional intelligence in the film "Elemental: Force of Nature," several important aspects can be observed. Ember demonstrates a high level of self-awareness, effective emotional management, strong self-motivation, the ability to recognize others' emotions, and skill in fostering harmonious relationships with others. Ember's emotional intelligence has a positive impact on her life; she becomes more patient in her interactions with others, shows the ability to handle situations calmly, and helps build trust and cooperation in her surroundings.

Furthermore, Ember's emotional abilities facilitate building positive relationships with those around her. With her sensitivity to others' emotions, Ember is able to respond appropriately in various social situations, strengthening her interpersonal connections. Her ability to understand and positively respond to others' feelings also significantly contributes to the dynamics of her social relationships, creating a supportive and constructive interaction environment.

#### **B. Suggestion**

In the context of emotional intelligence development, parents play a crucial role at home. They are advised to create a supportive environment where children feel safe to express their emotions. This helps children build a

better understanding of their own emotions and effective ways to manage them, thereby supporting their well-being and social skills.

In education, teachers are encouraged to take an active role in helping students develop emotional intelligence at school. It is recommended to integrate emotional intelligence education into the curriculum using interactive approaches such as role-playing, group discussions, and reflective exercises. These approaches not only enhance students' self-awareness and empathy but also prepare them to interact positively with peers and achieve academic success.

Furthermore, for researchers in the field of emotional intelligence, it is suggested to explore the development and evaluation of effective intervention programs for children and adolescents. These steps may include further research into various approaches within the context of formal education, family dynamics, and community roles in supporting the development of healthy emotional intelligence skills. Close collaboration among parents, teachers, and researchers is expected to significantly contribute to promoting positive emotional and social growth in the younger generation.